We are getting SO excited for the upcoming **RIGBY LAKE RUMBLE TRIATHLON & KIDS TRIATHLON** --- happening on Saturday, July 12th, 2025!

The one thing you can count on every summer is **ROAD CONSTRUCTION!** Because of this, be sure to check out our **COURSE MAPS FOR 2025.** Please understand these may change, so we suggest checking the website weekly prior to race for any updates!

Please check out all of the event details on our website--see link below. Here is the link to see **COURSE MAPS, RACE DETAILS AND TRIATHLON RULES**:

https://tripeaksevents.com/events/rigby-lake-rumble-triathlon-2025/

https://tripeaksevents.com/events/rigby-lake-rumble-kids-triathlon-2025/

If you have any FAMILY & FRIENDS that are willing to **VOLUNTEER** on our race course, please have them register at this link ASAP---they will get some free swag or hit us up for a discount on a future race! Here is the VOLUNTEER link:

https://www.comevolunteer.com/events/15059-rigby-lake-rumble-triathlon/volunteer

Here is an **EVENT SCHEDULE for the RIGBY LAKE RUMBLE TRIATHLON:**

FRIDAY AFTERNOON

12-2 pm – Packet Pickup @ **WRIGHT PHYSICAL THERAPY – 494 Pleasant Country Lane, Rigby, ID 83442**

4 – 6 pm -- Packet pickup at *Rigby Lake --Look for our tent and flags---**if you do NOT want to pay to enter the Rigby Lake area, simply call us and we will run the packet out to you at the park entrance----our numbers are below.***

SATURDAY MORNING

6:00-6:30 am – Late Packet Pickup @ Rigby Lake
6:00-6:45 am – Staging of Bikes (Closes PROMPTLY @ 6:45am)
6:30 – am -- Volunteer Coordination Meeting
7:00-7:15 am -- MANDATORY Race Participant Meeting

7:20 am – National Anthem
7:30 am – Olympic Swim Start
8:15 am – Sprint Swim Start

9:15 am – Kids Triathlon Swim Start
11:00 am - Awards Ceremony

RIGBY LAKE ENTRANCE & PARKING---If you do not have a season pass to get in or do NOT want to pay to get your PACKET PICKUP on Friday, simply call us and we will run it out to you. Each racer will receive **1 FREE VEHICLE PASS** for the race Saturday in your race packet. We ask that all additional vehicles pay the gate fee as this supports improvements to the amazing Rigby Lake facilities. Please do NOT park in the finish line area by the large shelter.

Staging of **BIKES / TRANSITION AREA** will be Saturday morning from 6 - 6:45 am. An **ALL PARTICIPANTS MANDATORY RACE MEETING** will be held that morning at 7 am.

Here are a couple things to remember--

- **WETSUITS** are highly recommended!
- **NO MUSIC** is allowed on the course for any of the events
- **BE SAFE**---there are a few challenges on this rural course so please be cautious

Watch our **FACEBOOK** page for upcoming **SWIM/BIKE/RUN trainings** that will be held in coming weeks & months! Here is the link: **https://www.facebook.com/TriPeaksEvents**

If you have any questions / concerns on the upcoming **RIGBY LAKE RUMBLE TRIATHLON**, please contact your race directors:

Bryan Magleby - 208-520-9400 or Mike Taylor - 208-201-6269 or email us TriPeaksEpicEvents@gmail.com

We hope you are excited for our ***FIRST RACE of the SEASON!***

Mike & Bryan